

one lump or two

Volume 1, Issue 1

Your break paper

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BRINGING YOU NOT SO NEW NEWS

Your number one source for the latest breaking news stories is found elsewhere. That's about the size of it. We're not here to bring you the biggest stories from around your world. We're here to give you a break from it. Every now and then something may creep into a column that may look like news story and may walk like a news story, but it doesn't necessarily make it a news story. This writer has no training in journalism. This writer has no degree from any university. This writer doesn't know what makes writers good

and what makes writers bad. No worries though.

My mission is to give you something to read during those precious fifteen minutes you have to yourself in the morning and in the afternoon. Those few minutes where you are paid to sit and sip some coffee while trying not to think about how many minutes you have left before returning to the grind. Folks, I'm talking about your break. It's what I like to call "the best work perk". Some of you may enjoy getting away from work while others enjoy

getting back to it. I like getting back to work. Some may think I'm a little nutty. I just like working.

So, what will be in this little publication? Who knows? That's the beauty of it. After countless hours of trying to piece together what will and what will not be inserted, I came to the conclusion that it will have to form itself. It is my hope that you will find something within this paper that will bring a smile to your face or a thought in your mind. So, how do you take your coffee?



JS

TAKE THIS BIRD AND STUFF IT!

What are your plans for Thanksgiving? It's amazing how I look forward to Thanksgiving yet never really know what my plans are until about a day or two before the event. At this moment, my wife and I know that we will not cook anything. We just moved and it would be too much of a strain in many ways. We have some friends in this new town but I feel a bit uncomfortable about "invading" the family tradition or anything like that. Perhaps we can go out to eat but I'd rather be at home. I know I'll be thankful for whatever comes our way. We do have a can of Spam in the

cupboard...

My wife loves Thanksgiving. She loves the mashed potatoes. It is important to find a place with adequate taters. I guess that's a big thing with some people. I'm trying to stay away from carbs. She tells me not to "tater hate". I hear you can make mashed potatoes out of cauliflower. That's fine by me. It will give me at least one use for that veggie. For my wife though, cauliflower just won't do the trick. We'll have the taters. I'll enjoy them immensely. I'll probably end up eating stuffing as well. In fact, I'll eat more trimmings than bird,

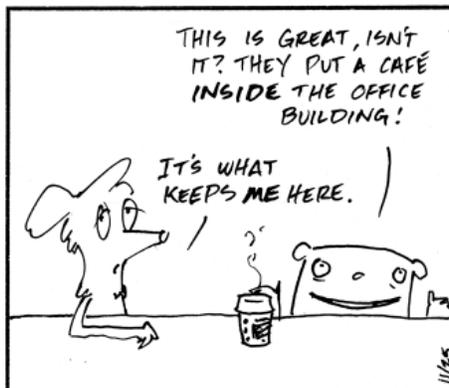
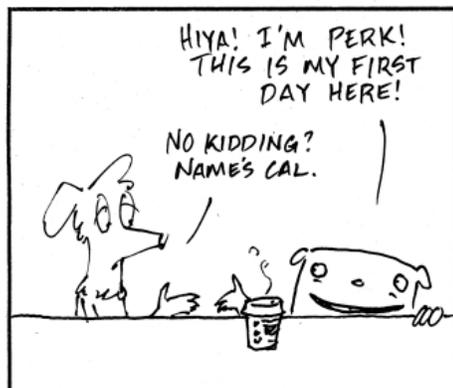
as is my practice. I'm beginning to feel guilty already.

Here's a thought: make everything out of turkey! Yes, mashed turkey, turkey ground up for stuffing, turkey shaped pie, and even turkey beverage. It will be a low carb, high protein alternative! This year, let's stuff the bird with a smaller bird and eat away!

JS

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Perk at Work



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